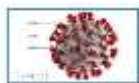


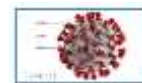


[www.yhscn.nhs.uk](http://www.yhscn.nhs.uk)  
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[#yhdementia](https://twitter.com/yhscn_mhdn)  
[#delirium](https://twitter.com/yhscn_mhdn)

## Dementia and Older People's Mental Health Bulletin APRIL 2020



### COVID-19 and DELIRIUM EDITION



#### Welcome!

During the COVID-19 pandemic we thought the following resources and links to information might be of help.

Acute infections like COVID-19 can cause **delirium**. Frail older people and particularly those with dementia are also at higher risk.

We've pulled together a range of resources which can help raise awareness of how to prevent, detect and treat delirium. These will be helpful for anyone who works with and cares for the most vulnerable groups likely to experience it, including family carers.

The aim being to allow as many people to be supported in their own homes (care home or their own homes) and avoid hospital admissions

#### Awareness Videos

##### Delirium Awareness

Animated video, suitable for staff (clinical and non-clinical) working in a variety of settings, including care homes and family carers. Highlights the symptoms of delirium, identifying underlying cause(s) and strategies that can help. Key message: Suspect it, Spot it, Stop it.

[icanpreventDELIRIUM\\_Delirium Awareness Video HD](#)



## Delirium superimposed on Dementia

Animated video highlighting that people living with dementia are at increased risk of delirium. Targeted at staff in wards or care homes. Uses animated case studies to show hyperactive, hypoactive and mixed delirium. Key messages: use the 'delirium wheel' shown in the video to help detect, manage and prevent delirium; Ask the question, "Are they different today?"

[#DeliriumReady – Delirium Awareness and management Delirium Superimposed on Dementia](#)



## E-Learning

TEWV has also produced in partnership with the recovery college online a delirium E-Learning course available by following this link - you will need to sign up for an account but it is free

<https://lms.recoverycollegeonline.co.uk/>

## Coronavirus:

### Managing delirium in confirmed and suspected cases

The British Geriatrics Society (BGS) has developed the following:  
Coronavirus: Managing delirium in confirmed and suspected cases



<https://www.bgs.org.uk/resources/coronavirus-managing-delirium-in-confirmed-and-suspected-cases>



As part of the National Dementia pilot work we are supporting in West Yorkshire and Harrogate Health and Care Partnership we have produced the following THINK DELIRIUM materials

### **THINK DELIRIUM Printed Resources** **[Download them HERE](#)**



### **Visiting people with Dementia in care homes**

Public Health England has issued some Guidance around visiting Care Homes during the COVID-19 pandemic

#### ***How care homes can minimise the risks of transmission***

*To minimise the risk of transmission, care home providers are advised to review their visiting policy, by asking no one to visit who has suspected COVID-19 or is generally unwell, and by emphasising good hand hygiene for visitors. Contractors on site should be kept to a minimum. The review should also consider the wellbeing of residents, and the positive impact of seeing friends and family.*

read the full guidance here

<https://www.gov.uk/government/publications/covid-19-residential-care-supported-living-and-home-care-guidance/covid-19-guidance-on-residential-care-provision>



## The NICE rapid guideline for symptom management in the community has been published.

<https://www.nice.org.uk/guidance/ng163>.

Section 7 covers - Managing anxiety, delirium and agitation

## COVID-19 and Dementia on our website

Throughout the Coronavirus Pandemic we want to continue to support all our



stakeholders as much as we can and we have already started to collate some useful information. We will continue to post things that we feel may be helpful. You can access the website [HERE](#)

## Who produces this bulletin?

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